

O-Cup #1

# MOSPORT CLASSIC

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**FRIDAY APRIL 10, 2020**

**Technical Guide - DRAFT**

(March 2020) V5

Sponsored by:



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FOUNDATION FOR  
**STUDENT ACHIEVEMENT**

Charitable Registration Number: 82092 7770 RR0001



Sanctioned by the  
Ontario Cycling Association

Nutritional support provided by:

**skratch** LABS

## GENERAL INFORMATION

**Course:** The course is a 3.8 km loop of smooth pavement and wide corners, with 52m of climbing per lap. Race is run clockwise around the course.

**Parking:** Available in the Paddock 1 lot.

**Feed Zone:** Riders will be instructed prior to the start of race of what lap feeding is allowed. The feed zone is located between corners 6 and 7.

**Registration:** Located in the clubhouse - keep an eye out for signage.

**Pre-Riding:** Track will be opened for scheduled pre-race scouting. Walking the track is permitted. If weather is poor, please be aware of tracking mud/grass onto race surface.

**Warming Up:** Warming up on course is only permitted at the scheduled times. Any rider caught warming up on course during a race will be refused their start. The CMSP property has plenty of paved roads within it's gates for pre-race warm-ups. Also the roads off of the property are well paved and traffic is minimal.

**Food and Drink:** Food and drink will be available in the main clubhouse along with registration.

**Questions:** Please read the tech guide thoroughly and direct any questions to Greg Rawson at [performancedrivenevents@gmail.com](mailto:performancedrivenevents@gmail.com)



## REGISTRATION INFORMATION

The location of registration will be in the main building up the hill to your left. Keep an eye out for signage. Please check the schedule to confirm your sign in time for each event and your race time.

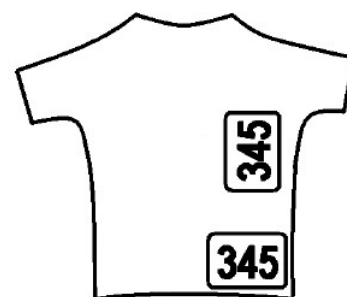
	U19	19+
Early Bird Registration (before March 11)	\$35 + CCN Fees	\$75 + CCN Fees
Online Registration (March 12 - 25)	\$45 + CCN Fees	\$80 + CCN Fees
Online Registration (March 26 - April 8)	\$55 + CCN Fees	\$85 + CCN Fees
Day of Registration	Not Permitted	

### Pre-registration available online at CCN

- All participants must hold a valid UCI racing licence.

### Number Placement

See image for bib number placement for the race:



## SCHEDULES/CATEGORY

### Road Race

Category	Registration	Start Time	Distance	Laps	Est. Time	Est. Climbing
Open Warm-up: 8:35 - 8:50am (based on previous race ending on time)						
Elite 4 Men	7:30am	9:00am	61 km	16	1:35	832 m
Master 3 Men	7:30am	9:02am	61 km	16	1:45	832 m
Elite 3 Women	7:30am	9:03am	61 km	16	2:00	832 m
Master Women	7:30am	9:03am	61 km	16	2:00	832 m
Open Warm-up: 11:00 - 11:15am (based on previous race ending on time)						
Elite 3 Men	9:00am	11:25am	76 km	20	2:00	1040 m
Master 2 Men	9:00am	11:27am	76 km	20	2:00	1040 m
Elite 1/2 Women	9:00am	11:28am	76 km	20	2:15	1040 m
Open Warm-up: 2:00 - 2:15pm (based on previous race ending on time)						
Elite 1/2 Men	11:00am	2:25pm	130 km	34	3:30	1768 m
Master 1 Men	11:00am	2:27pm	91 km	24	2:40	1248 m

**EQUIPMENT:** The wearing of an approved helmet is mandatory. UCI Rule 1.3.018 states that: Only wheel designs granted prior approval by the UCI may be used. (Except 1.3.023 - see below)  
Only standard handlebars are permitted. Handlebar extensions, including time-trial bar extensions or other types of tri-bars, are not permitted. Only bicycles conforming to UCI rules 1.3.001 - 1.3.025 are permitted for use.

**GEARING:** Juniors and upgraded Cadets racing in Elite categories will not be required to race in Junior gears at any O-Cups.

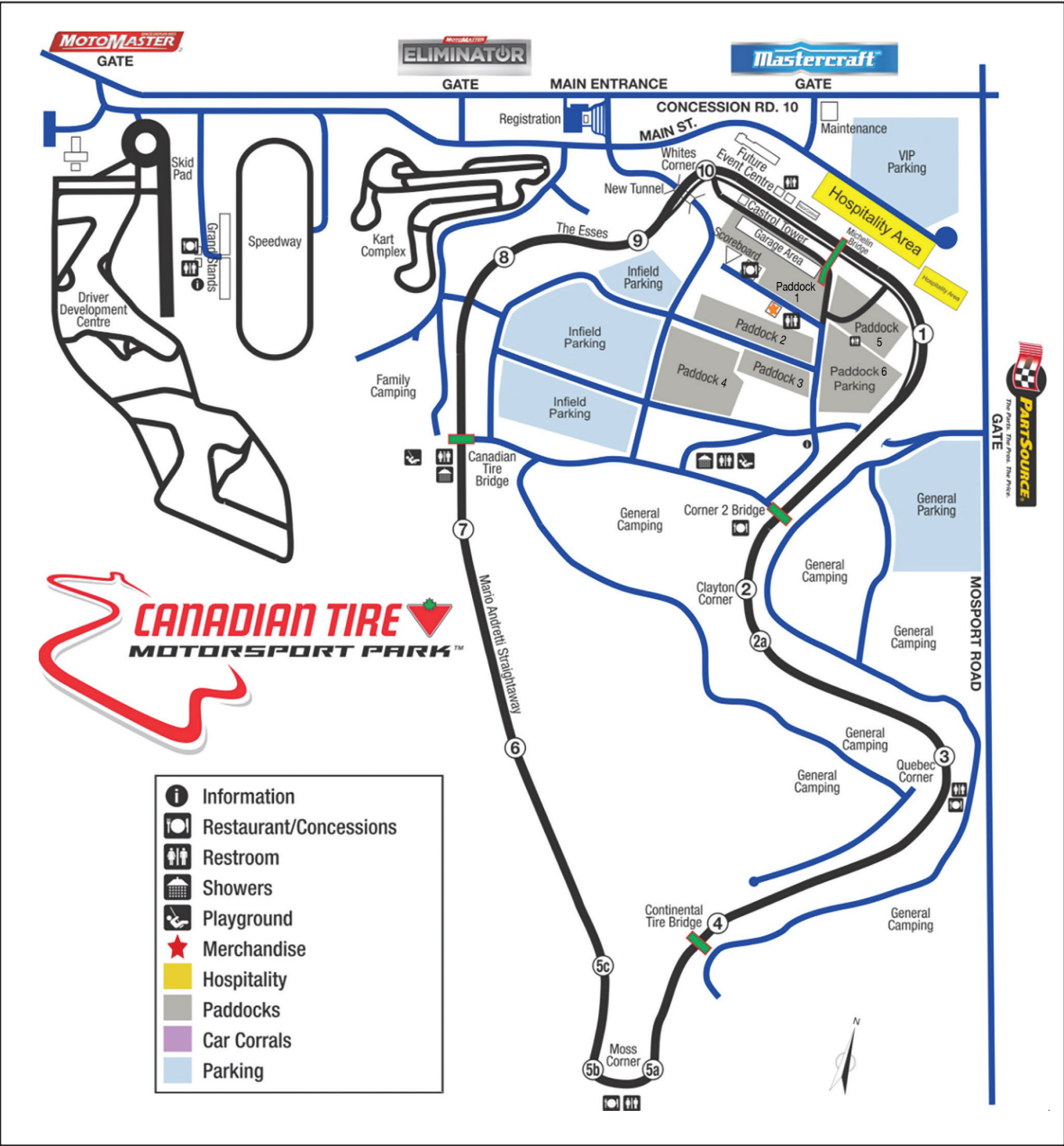
**POINTS:** The breakdown of O-Cup points is as follows for each category:

Placing	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th
Points	25	20	16	13	11	10	9	8	7	6	5	4	3	2	1

## AWARDS

Awards will be given out shortly after the finish of each event. No hats or sunglasses permitted. Prize list will be posted event day at registration. Athletes must wear competition/team clothing at the podium presentation.

# COURSE MAP



# COURSE ELEVATION



## START / FINISH



Please pay attention to signs on property for where to go/park.

Please, no cars of any kind on the track. This will be strictly enforced all day.

- Parking in Paddock 1
- Registration in the Main Event Centre (the clubhouse)
- Medical is located at the start finish area
- Pit Lane for tents - vehicles may drive through to unload only
- The concessions and podiums are located between Paddock 5 and 6
- Main restrooms are in parking area for Paddock 1
- Signs will post track entry locations for cyclists and spectators

**No spectators allowed on the inside of the course near the start/finish line**

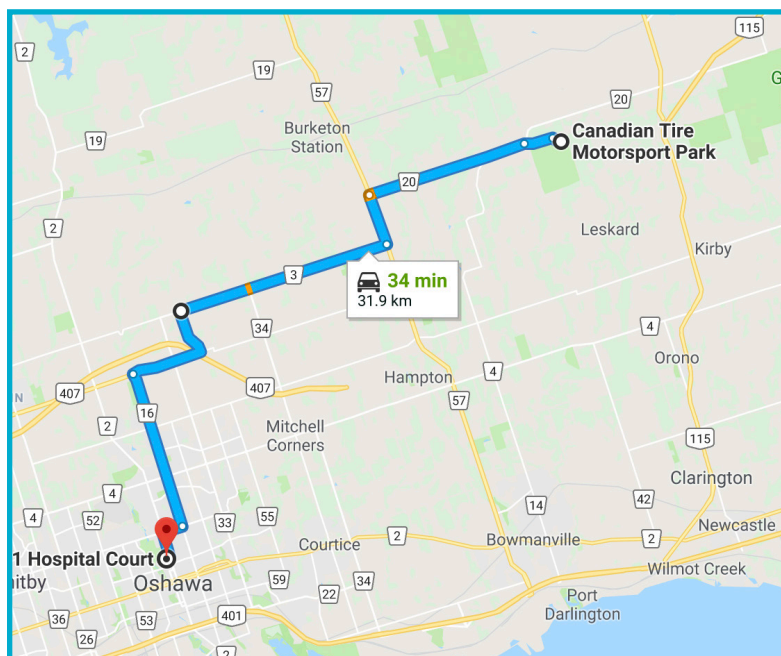


## COURSE SAFETY

Medical is being supplied by Odyssey Medical, anyone seeking medical assistance should go to the start finish area.

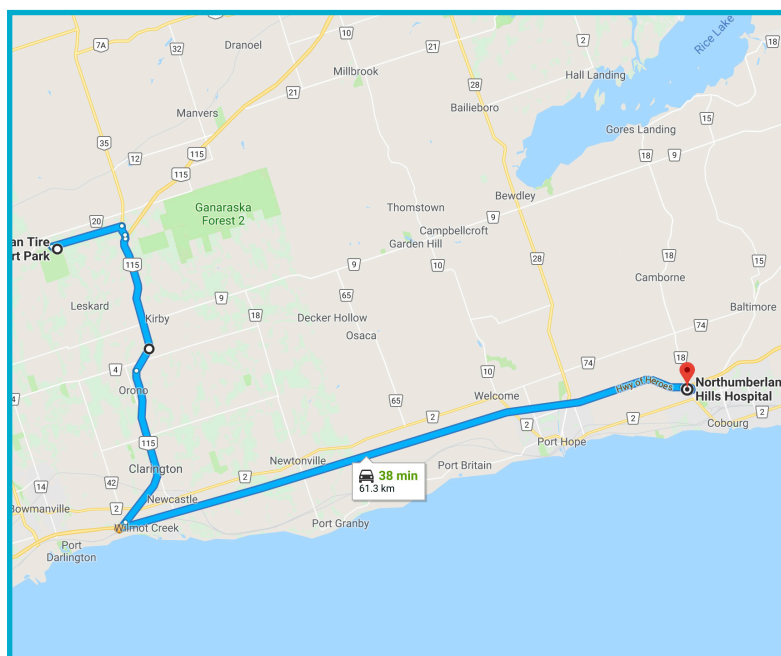
## DIRECTIONS TO NEAREST HOSPITALS

**Lakeridge Health Oshawa** - 1 Hospital Ct, Oshawa, ON L1G 2B9



- Take Concession Rd 10 to Durham Regional Rd 20
- Continue on Durham Regional Rd 20. Take Durham Regional Rd 3 and Ritson Rd N/Durham Regional Rd 16 to Hospital Ct in Oshawa
- Drive to Hospital Ct

**Northumberland Hills Hospital** - 1000 Depalma Dr, Cobourg, ON K9A 5W6



- Get on ON-115 S/ON-35 S from Concession Rd 10
- Follow ON-115 S/ON-35 S and ON-401 E to Burnham St/Northumberland County Rd 18 in Cobourg. Take exit 472 from ON-401 E
- Drive to Depalma Dr

## RACE RULES

- Rider number placement is rear right and side right.
- Find CCA/OCA rules online at [www.ontariocycling.org/commissaires/commissaires-rules](http://www.ontariocycling.org/commissaires/commissaires-rules). The penalty scale of the OCA rule book will apply.
- An OCA representative will be present at the race to assist with rider licensing issues. There are no plans to sell UCI licenses on race day. Contact the OCA for more details.
- Races will start promptly at the indicated start times.
- Team vehicles will not be permitted on the course for any event. Only race organization vehicles are allowed on the race course during competition. All other vehicles/team vehicles are not permitted to follow the races while in progress.
- Any rider dropping out of the race shall immediately notify a Commissaire.
- For the road race, there are no free laps for mishaps (e.g. crashes and punctures). Riders suffering mishaps will be serviced from the service vehicles and must continue the race from the point of the mishap.
- In the event of a mishap, riders are strictly forbidden from drafting behind vehicles for lengthy periods in attempting to catch up to their group. Such drafting may result in disqualification.
- In cases where more than one group is on the course at the same time, riders must remain separate when overtaking or being overtaken by riders from other groups.
- Lapped riders may be pulled at the order of the Commissaires, either after being overtaken or just before being overtaken. Otherwise, lapped riders must remain separate, even when being overtaken by riders in their own category.
- Riders who are dropped from the main bunch must proceed at their own risk and shall always ride on the right side of the road with the flow of traffic.
- Radio communication is not permitted between riders and anyone else.
- All riders within a category will finish on the same lap. Therefore, lapped riders will complete fewer laps than the winner.
- Top 3 finishers are required to attend award presentations or risk forfeiting their awards. Top 3 finishers will wear clean competition uniforms for the presentation.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. **There are no refunds if the race must be cancelled for any reason, including disqualification.**
- All riders must sign in at registration.
- U.S. Domestic Licences are not accepted at any Ontario events. U.S. riders will require a UCI International Licence to participate in any Ontario events.
- All foreign licensed riders other than U.S. riders must produce a letter of permission from their country's federation.

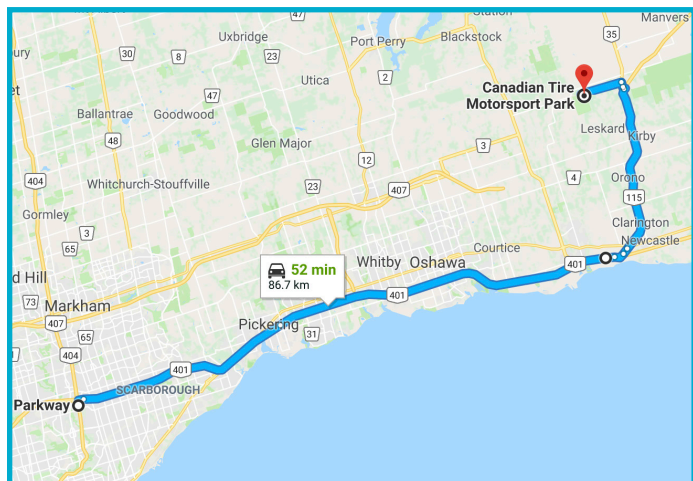
## EQUIPMENT RULES

- UCI Rule 1.3.018: Only wheel designs granted prior approval by the UCI may be used. Consult the list of approved non-traditional wheels at [www.uci.ch/english/about/wheels.html](http://www.uci.ch/english/about/wheels.html)
- Only bicycles conforming to UCI rules 1.3.001 - 1.3.025 are permitted for use. (Except 1.3.023 - see below)
- Only standard handlebars are permitted. Handlebar extensions, including time-trial bar extensions or other types of tri-bars, are not permitted.
- Riders are required to wear jerseys corresponding to the club or team printed on their licence.
- Independent riders are required to wear plain-coloured jerseys with no significant logos, team names or advertising displayed on them.
- Sleeveless jerseys are not permitted.
- Riders will be issued numbers free of charge at sign in / registration, please ensure they are positioned as per the "Number Placement" section of this document (page 2).
- Neutral service vehicles will be supplied by the organization and assigned to follow every race.
- Riders are encouraged to bring their own spare wheels to be placed in the service vehicles before the start of their race. Wheels must be clearly marked with the rider's number or with the rider's team name if it is intended for use by any member of a particular team. Although efforts will be made to provide a rider's own spare wheels in the event of a mishap, in the interests of servicing a rider quickly, service vehicles may supply wheels at random. The organization is not responsible for damage to wheels, even resulting from use by other riders.
- Per CCA rule 1.3.031 N):
  - » At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this, such as a manufacturer's label, upon request by event officials.
- The use of glass containers is strictly prohibited during the race.
- Disc brakes are permitted.



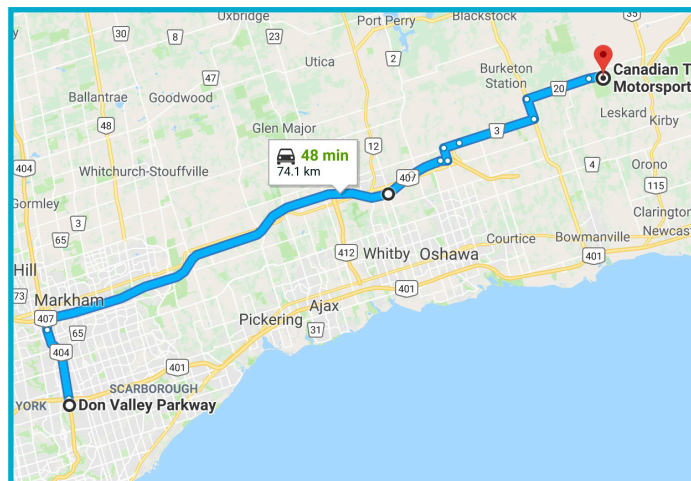
# DIRECTIONS TO EVENT

## 401 East



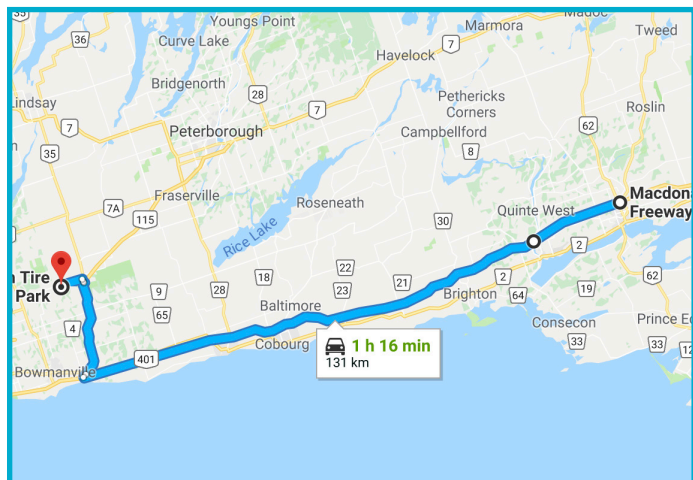
- Follow Ontario 401 Express, ON-401 E and ON-115 N to ON-35 N in Clarington. Take exit 19 from ON-115 N/ON-35 N
- Take Concession Rd 10 to your destination

## 407 East



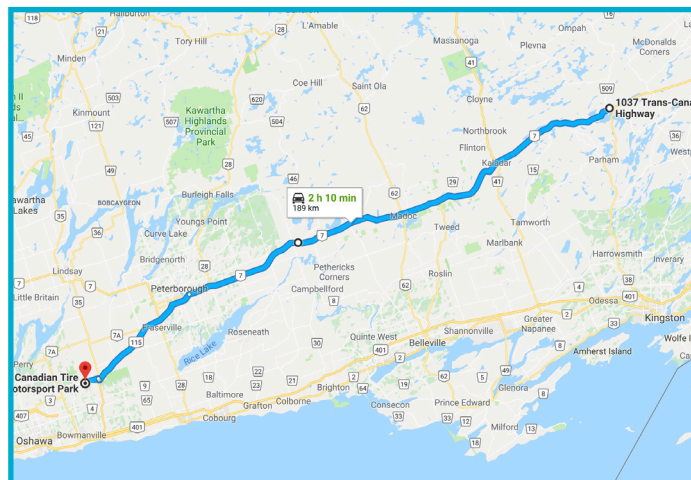
- Take ON-407 E to Harmony Rd N in Oshawa. Exit from ON-407 E
- Take Durham Regional Rd 3 and Durham Regional Rd 20 to your destination in Clarington

## 401 West



- Take ON-401 W to ON-35 N in Clarington. Take exit 19 from ON-115 N/ON-35 N
- Take Concession Rd 10 to your destination

## 407 West



- Head west on Trans-Canada Hwy/ON-7 toward Burney Point Rd
- Use the left 2 lanes to turn left onto Trans-Canada Hwy/ON-115 S/ON-7
- Continue to follow ON-115 S
- Take the Ontario 35 exit
- Continue onto ON-35 N
- Turn left onto Concession Rd 10

**Canadian Tire Motorsport Park**  
**3233 Concession Rd 10**  
**Bowmanville, ON L1C 3K6**