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EVENTS



**ONTARIO  
CYCLING**

**ROAD  
PROVINCIAL CHAMPIONSHIPS**

# Road Provincial Championships

## Tech Guide

**Version 1**

**July 30<sup>th</sup>, 2024**



## General Information

Ontario Cycling (OC) and Performance Driven Events is proud to present the 2024 Road Provincial Championships. This year's Provincial Championships, sanctioned and governed by Ontario Cycling, consists of 3 separate racing opportunities, the Individual Time Trial, the Road Race and the Criterium.

The Road Provincial Championships will be held on a brand new, never raced on before circuit for this year. Starting and finishing out of Canborough Ontario, the loop features 4 corners and only 27 meters of elevation per 18.6km loop.

Date: September 1<sup>st</sup>, 2024

Time: 8:00am-6:00pm

Location: Canborough Conservation Area

Parking: to be confirmed

Pre-Riding: There will be no pre-riding opportunities for this event.

## OC Event Contact

Position	Name
Event Organizer	Courtney Doret
Race Director	Greg Rawson
Membership/Licensing	Chris Baskys
Timing	Zone4
Medical	Odyssey Medical

## Commissaires

Position	Name
PCP	Brad Day
Secretary	Kevin Scheerer
Finish Judge	Ed Sitarski
Member	Mary Mayer
Member	Steven Rivers
Member	Joe Hall

## Registration & Pricing

- Registration for all Provincial Championships is open to Ontario Cycling licensed riders 15 years of age and older
  - Exception for U15 riders who have participated in Ontario Summer Games or OCup #3 – Harrisburg Classic Road Race
- The event is pre-registration only. Only 2024 Compete/UCI race licenses are permitted. Out of Province riders must have a UCI license. Licenses will not be sold on event day and must be purchased in advance

- Registration for each Provincial Championship will close at 11:59pm on the Wednesday prior to the event date.
- Late entries will not be allowed
- To participate at the 2024 Ontario Road Provincial Championships, an Ontario athlete must have participated in at least one 2024 Road OCup.
  - Exemptions will be applied to the following.
    - Para athletes racing the individual Time Trial or Criterium Championships
    - Individuals registering for the 2024 Provincial Criterium Championships are required to race at either 1 Road Ontario Cup or a Regional Criterium event.
    - If for sufficient reason a rider cannot compete at the Road OCup and would like to participate at Road Provincials, they can request an exemption by completing the google form linked here.

[Click Here to Register](#)

<b>Registration Timeline</b>
<i>Registration open Monday March 18<sup>th</sup>, 2024 @ 12pm (noon) Registration closes August 28<sup>th</sup> @ 11:59pm</i>
<b>Cost of the event</b> 90\$ + HST Youth Categories - 60\$ + HST

## Membership & Licensing

Please see the membership and licensing chart below to ensure that you have the correct license to compete in each category

Categories	Age Range	COMPETE Membership	UCI Licenses
<b>Para (Handcycle &amp; Trike)</b>	15+	X	X
<b>Para (Tandem and "C" Class)</b>	15+	X	X
<b>U19 Men</b>	15-18	X	X
<b>U23 Men</b>	19-22	X	X
<b>Master A Men/Open</b>	35-44	X	X
<b>Master B Men/Open</b>	45-54	X	X
<b>Master C Men/Open</b>	55-64	X	X
<b>Master D Men/Open</b>	65+	X	X
<b>Elite Men</b>	23+	X	X
<b>U19 Women</b>	15-18	X	X
<b>U23 Women</b>	19-22	X	X
<b>Master A Women</b>	35-44	X	X
<b>Master B Women</b>	45-54	X	X
<b>Master C Women</b>	55+	X	X
<b>Elite Women</b>	23+	X	X

## Refund Policy

- A rider must withdraw prior to the registration closing to be eligible to receive a refund. Once the registration period has ended, refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus a CCN refund administration fee.
- If an athlete withdraws from an event on race day, they are not eligible for a refund and the rider must inform the President of the Commissaire Panel of their withdrawal. Failure to notify the President of the Commissaire may result in a fine.

- OC reserves the right to issue refunds in other rare and exceptional cases. Injury, loss/change of employment, or a move away from town such that the participant can no longer attend, will not be considered.

## **Event Categories**

- Road Provincial Championship categories will be an age-based format where athletes will have to race their national age listed on their license.
- Categories may be combined based on the number of entries or at the discretion of OC
- If categories are combined, medals will be awarded to each of the individual categories.

## Schedule of Events

Category	Registration	Start Time	Distance	Laps
Cat C (non-championship)	6:30am	8:00am	74km	4 Laps
Master A Women	6:30am	8:05am	74km	4 Laps
Master B Women	6:30am	8:05am	74km	4 Laps
Master C Women	6:30am	8:05am	74km	4 Laps
Master D Women	6:30am	8:05am	74km	4 Laps
U15 (male and female)	6:30am	8:05am	74km	4 Laps
Cat B Women (non-championship)	6:30am	8:05am	74km	4 Laps
Cat D (non-championship)	6:30am	8:10am	74km	4 Laps
Master C Men/Open	9:00am	10:25am	74km	4 Laps
Master D Men/Open	9:00am	10:25am	74km	4 Laps
Elite Women	9:00am	10:30am	93km	5 Laps
U23 Women	9:00am	10:30am	93km	5 Laps
U19 Women	9:00am	10:30am	93km	5 Laps
Elite men	11:45am	1:20pm	148.8km	8 Laps
U23 Men	11:45am	1:20pm	148.8km	8 Laps
Master A Men/Open	11:45am	1:25pm	93km	5 Laps
Master B Men/Open	11:45am	1:25pm	93km	5 Laps
U19 Men	11:45am	1:30pm	111.6km	6 Laps

*\*When U23 and Elite races are combined (start at the same time), 2 separate podiums will be awarded. The overall winner of the race will be named the Elite Provincial Champion and will receive the Elite Provincial Champion jersey. The first U23 rider across the line will be named the U23 Provincial Champion and will win the U23 Provincial Champion's jersey. If the overall race winner is a U23 riders, they will be named both the Elite and U23 Champion and win both jerseys.*

*\*U15 category will be split out by gender for awards*

## Start List & Results

- Zone4 is the official timer of the 2024 Road Provincial Championships. Start lists and results can be found at [www.zone4.ca](http://www.zone4.ca)

## Gear and Equipment Restrictions & Rules

- The gear and equipment restrictions will follow the [2024 cycling Canada companion guide.](#)
- The wearing of an approved helmet is mandatory.

- UCI Rule 1.3.018: only wheel designs granted prior approval by the UCI may be used. Consult the list of approved non-traditional wheels here.
- As of April 1<sup>st</sup>, 2024, the UCI regulation (1.3.022) will be amended with a clear requirement that brake levers must have a maximum inclination of 10 (ten) degrees. We will be requiring riders in Ontario to follow this updated regulation at all road events this year.
- Only bicycles conforming to UCI rules 1.3.001-1.3.025 are permitted for use.
- Riders are required to wear jerseys corresponding to the club or team printed on their license.
- Independent riders are required to wear a plain-coloured jersey with no significant logos, team names or advertising displayed on them.
- Sleeveless jerseys are not permitted.
- There will be no neutral service available. There will be a support car behind the last wave of riders on course, not behind each race. Should a rider have a mechanical error they will be picked up by the follow car on course
- Per cycling Canada (1.3.031 N): at all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this such as a manufacturer's label, upon request by event officials.
- The use of glass containers is strictly prohibited during the race.
- Disc brakes are permitted.

## Onboard Technology

The following are OC regulations for onboard technology for all OC events which are managed by OC Commissaires. These regulations do not apply to any events which do not require Commissaires, but if they are sanctioned under the OC Insurance Policy, Section 6 (a) and (b) applies.

1. All onboard technology device which is fitted on a bicycle must:
  - a. Be installed on a system designed specifically for bicycles and not affect the certification of any item on the bicycle.
  - b. Not cause a risk for the safety of any rider, and therefore, be affixed in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable.
  - c. The camera footage is not immediately available to the rider.
2. Helmets must have a CSA certification. Any modification, alteration, manipulation, addition or removal of any element, or addition of an accessory unapproved by the helmet manufacturer is prohibited.
3. If the technology appears to be improperly affixed based on the commissaires discretion, the rider must remove or adjust the technology before the rider will be allowed to start.
4. If there is a crash during an event, permission must be secured in writing from the individuals involved before posted any footage from the incident.
5. It is strongly recommended that anyone who is using footage for individual promotion or private use, secure written consent in advance from any individual appearing on the footage.
6. **Note:**

1. OC Insurance does not cover loss or damages which may occur to onboard technology during the event.
2. All individuals using onboard technology are responsible and liable for any damages and injuries which may occur if the technology interferes with the integrity and safety of the event.

## Upgrade Requests

There will be no youth upgrades for the 2024 Road Provincial Championship all riders will be required to race their national age listed on their license.

## Riders Confirmation

Rider confirmation will take place at the OC tables, look for registration signage. Registration will happen in waves and will correspond to the sign in time outlined in the event schedule.

## Number Placement

- All riders must wear their bib numbers on the left side
- Bib numbers shall be placed according to the following diagram
- All bib numbers must be visible throughout the entire race and cannot be covered



## General Rules & Regulations

- The races will be held under the rules of the UCI with CC and OC modifications.
- The CC and OC rules are available at: [www.ontariocycling.org/officials](http://www.ontariocycling.org/officials)
- An OC representative will be present at the race to assist with rider licensing issues. There is no ability to sell licenses or memberships on race date. Contact the OC for more details.
- Out of province riders will be required to present a UCI license.



- Races will start promptly at the indicated start times.
- Yellow line rule be strictly enforced.
- Any rider dropping out of the race shall immediately notify a commissaire.
- Team vehicles will not be permitted on the course for any event. Only race organization vehicles are allowed on the racecourse during competition. All other vehicles/team vehicles are not permitted to follow the races will in progress.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest commissaire that you will no longer be racing. Riders not reporting to the commissaire may be subject to a fine
- For the road race there are no free laps for mishaps (e.g crashes and punctures). Riders suffering mishaps will be serviced from the service vehicles and must continue the race from the point of the mishap.
- In the event of a mishap, riders are strictly forbidden from drafting behind vehicles for lengthy periods in attempting to catch up to their group. Such drafting may result in disqualification.
- In cases where more than one group is on the course at the same time, riders must remain separate when overtaking or being overtaken by riders from other groups.
- Lapped riders may be pulled at the order of the Commissaires, either after being overtaken or just before being overtaken. Otherwise, dropped riders must remain separate, even when being overtaken by riders in their own category.
- Riders who are dropped from the main bunch must proceed at their own risk and shall always ride on the right side of the road with the flow of traffic.
- Radio communication is not permitted between riders and anyone else.
- All riders within a category will finish on the same lap. Therefore, lapped riders will complete fewer laps than the winner.

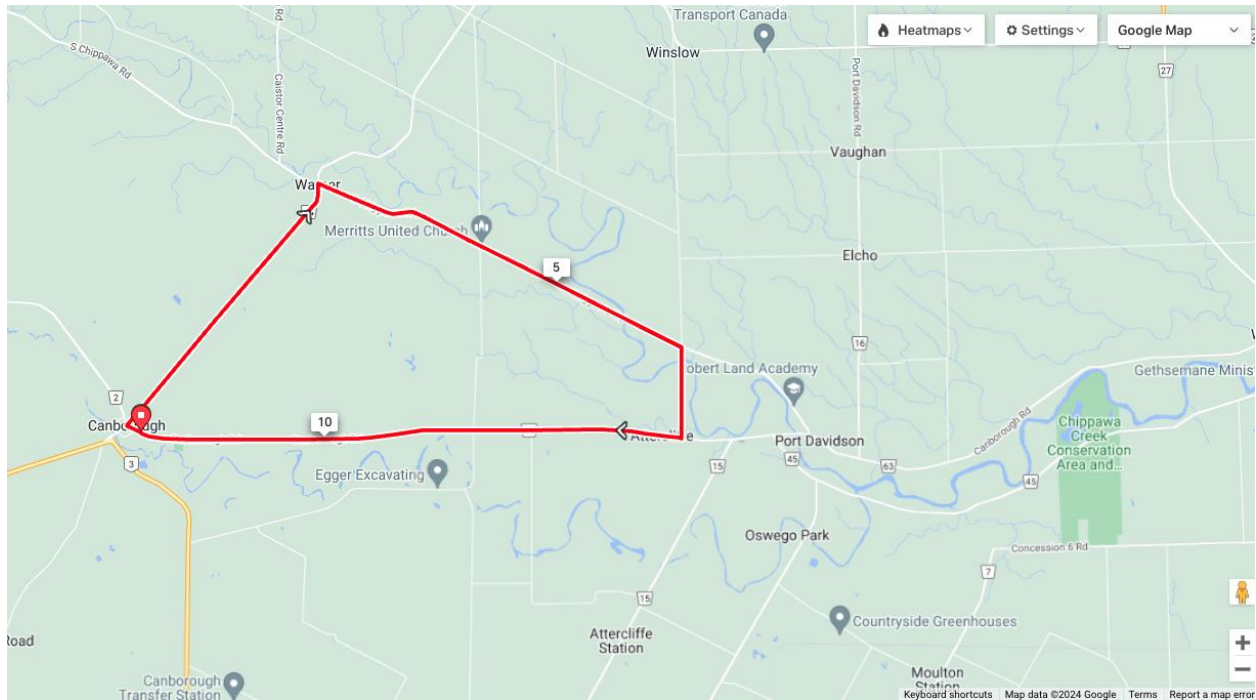
## **Awards**

- Medals will be awarded to the top three (3) finishers in each category.
- Should categories be combined because of low participation numbers, results will be broken out for awards. Awards will be awarded based on the results of each category separated.
  - U15 category will be split out by gender for awards
- Riders must attend the award ceremonies or risk forfeiting their awards.
- Podium protocol shall be enforced, and fines issued to those who fail to comply. Riders must wear their competition uniform for medal presentations. Hats and/or eyewear are prohibited
- Medal presentations will take place following the conclusion of each race

## **Parking**

Parking will be located at the entrance of the traffic. Please follow OC signage to designated parking

## Course Map



## Event & course Safety

- First aid will be provided by Odyssey Medical who will be located under a tent near the start/finish area
- For your safety, if you withdraw from the event for any reason, you must inform the nearest commissaire that you will no longer be racing. Riders not reporting to the commissaire may be subject to a fine.
- Riders are required to wear an approved, regulation cycling helmet at all times while riding their bike
- Should a commissaire or OC representative feel that a rider is unfit to race for any reason, the OC reserves the right to remove the rider from the event, for their own safety and the safety of others

## Directions to the Nearest Hospital

Haldimand War Memorial Hospital  
400 Broad Street West  
Dunnville, Ontario  
N1A 2P7  
905-774-7431



## Media

- Any individual wanting to create media content with professional equipment or for the purpose of selling content is required to obtain accreditation from Ontario Cycling.
- Please contact [info@ontariocycling.org](mailto:info@ontariocycling.org) advance of the event to receive accreditation

## Volunteers

Thank you to all the volunteers who dedicated their time to making the event possible. If you are interested in volunteering at future events, please contact [oc.volunteers@ontariocycling.org](mailto:oc.volunteers@ontariocycling.org)

## Sponsors

